

TROOP 48

Cumberland Island Expedition Recommended Packing List

This checklist is intended to help participants remember the gear needed to enjoy a week of tent camping on Cumberland Island.

PERSONAL EQUIPMENT

Personal Gear Required	OPTIONAL ITEMS
Current BSA Medical Exam Form A,B,C (Required) Foot Locker (tote box, storage box) with padlock Sleeping bag w. stuff sack Pillow (small to medium) Sleeping Pad Tent Water bottle or canteen Water flavoring packets Mess Kit Band-Aids (5 to 10, wrap in plastic) Flashlight w. extra batteries & bulb Tent Lantern Insect repellent (Picaridin spray or lotion) Sunscreen spray or lotion Shower Kit (with Soap, shampoo, toothpaste, toothbrush, comb, shaving gear, etc.) Wash cloth Towels (2) Shower shoes Toothbrush Toothpaste Comb Hand sanitizer Day Pack PFD (if swimming) Paracord Money (for ice, snacks, and in transit meals) Billfold (wallet) for money Personal Medications ** It is best to pack all items in closable containers such as duffle bags, backpack, totes, or trunks to facilitate easy movement onto the Ferry and Campsites.	Phone for Camera (in plastic bag) Fishing Gear Georgia Fishing License (16 and up) Crabbing Gear Casting net for bait Bait bucket Fillet Knife Camp stool or chair, folding Sun glasses Elastic strap for eyeglasses Headlamp or hanging flashlight Sewing and repair kit (include safety pins) Clothes-washing detergent Chapstick Calamine lotion (Caladryl) for poison ivy Personal first-aid kit Bicycle and Helmet Bicycle Tire Pump Bicycle tool kit Cot Free standing Hammock

CLOTHING

IMPORTANT ITEMS	OPTIONAL ITEMS
Names or initials on all clothing labels Poncho or rain suit (required) Swim suit Cumberland Island T-Shirt Extra socks, athletic (6 pairs) Athletic shoes Extra pants (shorts, jeans, etc – 3 pairs) Extra shirts (4 T-shirts -- T48 and other BSA logo shirts preferred) Underwear (5 briefs or shorts) Light jacket or sweatshirt Plastic bags for wet clothes Hat ** It is best to pack all clothing in closable containers such as duffle bags, backpack, totes or a trunk to facilitate easy movement onto Ferry and Campsites.	Extra shoes (athletic or canvas sneakers) Hiking boots (for hikes and wet weather) Sweatpants Pajamas

Patrol Gear

IMPORTANT ITEMS	OPTIONAL ITEMS
First Aid Kit Cooking Stove Propane Lantern Water Jug Pots, Pans, Bowls Utensils (knives, spoons, serving items) Vegetable Oil Griddle, Big Pot Cleaning Kit for dishes (detergent, scrubby, etc.) Coolers (for food and ice) Food per Menu Paper Towels Napkins Cleaning Rags & towels Trash Bags It is best to pack all items in closable containers, such as totes or trunks, to facilitate easy movement onto the Ferry and to campsites.	Pop up Canopy