

Outing: 2026 Backbone Rock Truck-In

Dates and Key Times:

Assemble @ CHPC	5:00 PM	April 17, 2026	Friday
Return to CHPC	6:30 PM	April 19, 2026	Sunday

I. Adult Leader NEEDS: Sign up (@ T48.org)

- Provide Transportation for youth and gear to and from Backbone Rock Campground, near Damascus, VA (about 105 miles round-trip)
- Camp with the Troop help with advancement.
- Provide oversite to follow manage traffic safety around the Backbone parking area, facilitate LNT operations.
- Participate in leading, fishing, rappelling and rock-climbing sessions.
- Provide 2-deep leadership for backpacking expedition.

II. Cost

Fee	Scout	Adult	Due	Pay To
Camping Fee	\$15	\$15	At Registration	T48 Treasurer
Transportation & Ice Cream	\$10	\$10 (non driver)	At Registration	T48 Treasurer
Patrol Meals, est	\$15	\$15	April 17 th	Food Buyer

III. What to Wear

Travel to and From Backbone Rock	Class A, no civilian hats
At Camp and Climbing	Class B, comfortable climbing clothes
Creeper Trail	Class B, comfortable riding clothes

IV. Activities and What to Bring (Not an all-inclusive list; see T-48 Camping Checklist)

Activity	What to Take
Friday Dinner	Sack Dinner or (eat in your vehicle in route)
Saturday Lunch	Self-provided sack lunch (to be kept on your person, a durable (won't freeze or spoil)
Saturday Dinner	Provided by Keeton Family (In association with Eagle Ceremony)
Climbing/Rappelling	Positive Mental Attitude / Day Pack with gear
Camping	Normal truck-in camping equipment and supplies (Patrol Boxes, Tarps, Popup Canopy, appropriate clothing for weather conditions. Due to space concerns, hammocks or backpacking tents are encouraged.

V. Trip Description

Please refer to the separate Back Bone Rock Schedule for Specific Times

Trip consists of truck-in camping at Backbone Rock Campground, and a separate backpacking group joining Sat. mid-day. Most of Saturday and Sunday afternoons will be spent rappelling and climbing. Backpackers will depart from Damascus Friday evening. Fishing is also allowed in compliance with VA Fish and Game regulations. Beginners are welcome; we will have a "prep school" 10-ft high course plus the usual 40-ft descent and others depending upon our resources. A nice stream and rapids beside the campground are added attractions for fishing. **(THERE WILL BE NO SWIMMING)** We will arrive at the campground around 6:30 PM, will set up camp, and eat a sack dinner. The climbing and rappelling team will be reviewing plans. Campfires in individual patrol camp sites are permissible Friday night.

Saturday morning, patrols will prepare a preplanned breakfast, eat, and prepare to leave for the rock. The climbing and rappelling crew will set up stations at the rock. All will assemble at the rock for a safety briefing before climbing starts. Participants should be prepared to spend most of the day there. (Have your durable sack lunch with you). **Scouts cannot return to camp during the day without two-deep adult leadership and must follow the buddy system.** Saturday evening, scouts will return to camp and prepare for dinner. Dinner will be provided in association with an Eagle Ceremony in the Pavilion. An Eagle Ceremony will be conducted in the Pavilion in lieu of a Troop 48 campfire.

Sunday morning, breakfast and lunch will be prepared by patrols from preplanned menus. There will be a Troop 48 church service Sunday morning and more climbing activities in the afternoon. We plan to clean up campsites and be on the road by 5:00 PM. Scouts are invited to stop by the Wicked Chicken ice cream parlor on the way out of Damascus for an ice cream cone.

