

TROOP 48 BSA -- TRIP INFORMATION

Outing: 2023 Backbone Rock Truck-In // VA Creeper Trail (Option)

Dates and Key Times:

Assemble @ CHPC	5:00 PM	April 14, 2023	Friday
Return to CHPC	6:30 PM	April 16, 2023	Sunday

I. Adult Leader NEEDS: Sign up (@ T48.org)

- Provide Transportation for youth and gear to and from Backbone Rock Campground, near Damascus, VA (about 105 miles round-trip)
- Camp with the Troop help with advancement.
- Provide oversight to follow standing COVID protocols, traffic safety around the Backbone parking area, facilitate LNT operations.
- Participate in leading, fishing, rappelling and rock-climbing sessions.
- Help plan and lead biking on the Virginia Creeper Trail Sunday afternoon.

III. Cost	Scout (12-)	Adult (12+)	Due	Pay To
Camping Fee	\$ 10.00	\$ 10.00	4/11	Troop Treasure
Transportation Fee	\$14.00	\$ 0.00	4/11	Troop Treasure
Food (by patrol) 4 Meals *EST	\$12.00	\$12.00	4/11	(cash) Patrol Food Buyer
Creeper Trail (option) Bike and Shuttle	\$35.00	\$38.00	4/11	Troop Treasure
Creeper Trail (option) Shuttle only	\$20.00	\$24.00	4/11	Troop Treasure

IV. Uniform Expectations

Travel to Backbone Rock	Class A (NO civilian hats)
In Camp / on the "Rock" or "Trail"	Class B (Casual clothes ok)
Travel from Backbone Rock	Class A (NO civilian hats)

V. Activities and What to Bring (not an all-inclusive list; see T-48 Camping Checklist)

Activity	What to Take
Friday Dinner	Sack Dinner or (eat with your vehicle in route)
<u>Saturday Lunch</u>	<u>Self-provided to be kept on your person a durable (won't freeze or spoil) sack lunch</u>
Climbing/Rappelling	Positive Mental Attitude / Day Pack with gear Normal truck-in camping equipment and supplies (Patrol Boxes, Tarps) Dress and bring clothes appropriate for weather conditions. <u>Due to space concerns hammocks or backpacking tents are encouraged</u>
Camping	
Creeper Trail	Personal Safety Gear, Day Pack with gear
Patrol Meals:	Saturday (breakfast, dinner) Sunday (breakfast, lunch)

V. Trip Description

Trip consists of truck-in camping at Backbone Rock Campground AND VA Creeper Trail biking Sunday departing from Damascus, VA). Most of Saturday and Sunday afternoons will be spent rappelling and maybe rock climbing. Beginners are welcome; we will have a "prep school" 10-ft high course plus the usual 40-ft descent and others depending upon our resources. A nice stream and rapids beside the campground are added attractions for fishing. **(THERE WILL BE NO SWIMMING)** We will arrive at the campground around 5:30 PM, will set up camp, eat a sack dinner. The climbing and rappelling team will be reviewing plans. Patrols should plan on a campfire in the area next to the shelter using the portable firepit. The Friday campfire theme will be participation games.

Following breakfast and with good weather on Saturday the climbing and rappelling crew will set up stations at the rock. There will be a safety briefing in the picnic area before climbing starts. Participants should be prepared to spend most of the day there. (Have your durable sack lunch with you). Supper will be prepared by patrols from their pre-planned menus. Will use cooking fires and/or propane stoves. Will hold a traditional Troop 48 campfire next to the big log shelter. Bring stories, jokes, songs to share. Sunday breakfast and lunch will also be by patrols from preplanned menus. There will be a church service Sunday morning and more activities in the early afternoon. Bike riders will break down camp, load, and depart to arrive in Damascus at 12:00 for a 12:30 shuttle departure. Bikers will not return to camp. We plan to clean up campsites and be on the road before 5 pm.